



leave no trace

NEW ZEALAND

LESSON

Camp & Travel on Durable Ground



STARTER

Choose an area with diverse surfaces such as near a stream with rocks and a variety of vegetation. While walking along a track or area, have a race to see if everyone can stand on a durable surface in 5 seconds

DISCUSSION

Each person explains why the surface he or she is standing on is durable. Ask each person in the group to think about what makes a surface more durable. Introduce the concepts of plants being fragile or resilient. Explain about durable surfaces and what the definition of a durable surface is. Explain why it is important for us to tramp and camp on durable surfaces.

FOLLOW ON

“As we travel, collect a list in your mind of surfaces that we have passed through”. At the next break, ask each person to name one surface they have seen. It is always surprising how many different surfaces we walk on.

7 Principles of Leave No Trace

- Plan Ahead and Prepare
- Travel and Camp on Durable Surfaces
- Dispose of Waste Properly
- Leave What You Find
- Minimise Campfire Impacts
- Respect Wildlife and Farm Animals
- Be Considerate of Others

