



leave no trace

NEW ZEALAND

## LESSON

# Be Considerate of Others



### HOOK

Seat everyone down in a quiet spot and say “take a minute to use all our senses to appreciate nature. Let’s start by closing our eyes” Once all eyes are closed, trip over your pack, apologise then take a loud cell phone call. Finish up with the question: “How did that feel?”

### DISCUSSION

Turn to your neighbour and discuss a situation when you have impacted someone else’s experience or they have impacted your experience in the outdoors – think of both positive and negative times. 2–3 minutes then ask for a summary of the context.

### DISCUSS MOTIVATIONS FOR GOING OUTDOORS

- Physical challenge
- Nature appreciation
- Spiritual reasons
- Food harvesting

### RESPECTING OTHERS

- How we travel
- Where we camp
- How we behave in huts
- How much sound we make
- Courtesy: promoting the outdoor community
- Respecting locals and their property (Tangata whenua/farmland etc)

### CONCLUSION

The key is allowing all people to choose their own experience. Interactions with others has a lasting effect on our memory of a trip and can be positive or negative.

## 7 Principles of Leave No Trace

- Plan Ahead and Prepare
- Travel and Camp on Durable Surfaces
- Dispose of Waste Properly
- Leave What You Find
- Minimise Campfire Impacts
- Respect Wildlife and Farm Animals
- Be Considerate of Others

